

Meaty Stewed Cabbage

Ingredients:

- 1 lb. bulk pork sausage
- 1 lb. ground beef
- 1 large onion, chopped
- 1 can (28 oz) diced tomatoes
- 1 can (6 oz) tomato paste
- 2 tablespoons apple cider vinegar
- 1 tablespoon chili powder
- 1 teaspoon garlic powder
- 1/8 teaspoon red pepper flakes
- 10 to 12 cups shredded cabbage (depending on how much cabbage you want)

Preparation:

In a large Dutch oven over medium heat, put the sausage and beef, cook (breaking up the meat) until browned slightly.

Add the remaining ingredients to pot and allow to come to a boil, then immediately reduce heat and simmer, covered with lid vented slightly, for 10 to 15 minutes or until cabbage is tender.

Will serve 8 hungry people or 10 to 12 light eaters.